

# Clinical Case Study

Karen Wilson is a 28 year old African American same gender loving female who is HIV positive and would like to become pregnant. Her VL is undetectable and CD4 is 820.

Karen has a MS degree and is an assistant professor in Allied Health Science at the local community college. She has been married for 1 year to 40 year old Cindy who owns a fast food restaurant near the US Capital. Cindy has two adult girls from a previous marriage.

Karen admits to heterosexual and homosexual activity prior to meeting her wife 3 years ago. She also admits to a past history of substance use and is not practicing Safe sex. She has had multiple sex partners with sexual activity including oral, vaginal, and anal intercourse.

Her past medical history is not significant for co-morbidities but positive for GC and HSV 2.

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## Let's Talk

- Childbearing Age
- Educational Status
- Sexual History
- Counseling
- Partner Notification
- Treatment Plan