

Clinical Case Study #1

Mr. Ray Singles is a 70 year old mixed race male who appears to be younger than stated age. He is a retired attorney. He was born in California. He moved to the DC Area 28 years ago, where he met his third, fourth and fifth wife. He admits to sexual activity with other women throughout his marriages. He admits rare sexual activities with men while in California with increased activity when he moved to the DC Area.

Mr. Singles presented 3 months ago with a 2 week history of penile discharge, oral, penile and anal lesions. Diagnosis was GC and HSV Type 2. Lab results positive for a VL of 94,000 copies/mL, CD4 cell count of 280 cells/mm³, estimated CrCl of 97mL/min and total cholesterol of 268.

Co-morbidities: hypertension, diabetes, and obesity.

Lifestyle considerations: multiple sex partners (male and female), long term smoker, family history of cardiovascular disease

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Let's Talk

- Mr . Ray Singles is a 70 year old; Appears to be younger than stated age; Retired attorney
- Sexual activity with other women throughout his marriages
- Admits to rare sexual activities with men while in California; Increased activity when he moved to the DC Area
- Presenting symptoms: penile discharge, oral, penile and anal lesions
- Initial diagnosis: GC and HSV Type 2
- Lab finding: Positive for GC, HSV2, Syphilis and anal pap HPV VL OF 94,000 copies/mL , CD4 cell count of 280 cells/mm³, estimated CrCl of 97mL/min , total cholesterol of 268, LDL 190 and HDL 78, A1c 4
- Co-morbidities: hypertension, diabetes, and obesity
- Lifestyle considerations: multiple sex partners (male and female), long term smoker, family history of cardiovascular disease
- Pt had a 2 week follow-up visit schedule but did not return due to travel to California and vacationing in South America.