AETC-NMC
AIDS Education and Training Center
National Multicultural Center
HOWARD UNIVERSITY COLLEGE OF MEDICINE

Case Study Adapted from Addressing HIV Care and Transgender Communities

Angela is a 22 year old Chinese transgender male to female person. She seems nervous and does not make eye contact. English is not her first language. She is currently going through estrogen hormone therapy. She has a history of depression and drug use. Angela was referred by a local CBO to your clinic to obtain an annual physical examination.

Discussion Questions

1. Estrogen Hormone Therapy
   - Where does she receive therapy? Is she using clean needles?
   - Are there side effects?
   - How does she pay for it? Is she employed?
2. Assess Social Support
   - Does she have family? Do they support her gender identity/transition? If not, how does this affect her?
   - Where does she get social support from?
   - Where does she live?
3. Assess Drug Use
   - Is she currently using substances? If so, what kind? Assess for HIV/Hepatitis C risk if needles are involved
4. Assess Sexual History and Risk
   - Has she been tested for HIV/STDs?
   - If involved in commercial sex work, ask about use of condoms