AETC-NMC
AIDS Education and Training Center
National Multicultural Center
HOWARD UNIVERSITY COLLEGE OF MEDICINE

Case Study Adapted from Addressing HIV Care and Adolescent Communities

Pedro is a 18-year-old Mexican youth. He is a seasonal worker who spends four months each year in the US working as a day laborer. He has a girlfriend and a 2 month old son in Mexico. He sends financial support to his family when he can.

When in the United States, he lives with 2 male roommates, one of whom he occasionally engages with sexual intercourse. He is the receptive partner. His girlfriend and family in Mexico and most of his friends are unaware of his sexual relationships with men. He is afraid to face rejection from his family. Pedro has not been tested for HIV and he is concerned about his status.

- *Is Pedro at risk for HIV?*
- *How should the provider discuss this with him?*

Pedro tests positive for HIV infection and is referred to an HIV provider.

- *What are some things to consider that might be barriers for Pedro to keep that appointment?*

Pedro makes it to the HIV clinic. At his first visit his lab are as follow:
HIV-1 RNA: 88,500 copies/mL
CD4+ cell: 280 cells/mm^3

- *What are some important things to consider at that first visit?*
- *Should Pedro start medications?*